

Date Register 09:00 09:30	SESSION 1 09:45 - 10:15 THEORY	SESSION 2 10:30 - 12:00 PRACTICE	12:00- 12:45	SESSION 3 12:45 - 13:45 PRACTICE	SESSION 4 13:45 - 15:30 MATCHES
MONDAY 09:30-45 INTRO / BRIEFING	FUTSAL RULES	PASS TECHNIQUE FIRST TOUCH		MOVEMENT ON & OFF THE BALL	MATCHES
TUESDAY 09:30-45 INTRO / BRIEFING	NUTRITION	SKILLS TRAINING	L U	ONE V ONE DEFENDING	MATCHES
WEDNES. 09:30-45 INTRO / BRIEFING	VIDEO CLIPS	GOALKEEPING TRAINING	N C	SHOOTING	MATCHES
THURSDAY 09:30-45 INTRO / BRIEFING	FIRST AID	SEQ TRAINING	H	1V1 & 2V2	MATCHES
FRIDAY 09:30-45 INTRO / BRIEFING	Q&A & REGISTER	MATCHES		MATCHES	MATCHES & CERTIFICAT CEREMONY